

★ Clatter from the Crankcase ★

January / February 2025 ISSUE

Upper Canada Region's Newsletter



Editor- Bob Osborne

Antique & Classic Car Club of Canada

I hope everyone had a Merry Christmas and a Happy New Year.

Our vehicles are all snug in their safe little space for the cold harsh winter. Let's dream of getting them out in the spring and going touring. That is what the Club is all about.

I am hoping that UCR members will all come out to our meetings and enjoy the fellowship and the common interest that we all share. We love starting with a full belly and then taking care of the business at hand.

We have a great BOD that are working on events for 2025. We have Zoom meetings set up for Jan. 9 and Feb. 13, both at 7 p.m. The link will be sent out a few days before the meetings. The Touring inspection will be held at the Club House on May 31 and the Flea Market/ Car Show is booked for June 14, 15.

I look forward to a great year, do not hesitate to send me a message, email or phone call if you have any questions or concerns. If I don't have an answer for you I will try and get one.

Liz Graham

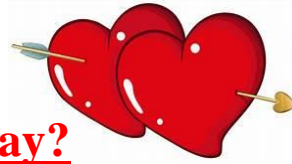
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REMEMBER THAT SPECIAL PERSON FEBRUARY 14 VALENTINE DAY

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What is the origin of Valentine's Day?

There are some suggestions that the holiday's roots are in the ancient Roman festival of Lupercalia, a fertility celebration commemorated annually on February 15. Pope Gelasius I recast this pagan festival as a Christian feast day circa 496, declaring February 14 to be St. **Valentine's Day**.



Formal messages, or [valentines](#), appeared in the 1500s, and by the late 1700s commercially printed cards were being used. The first commercial valentines in the [United States](#) were printed in the mid-1800s. Valentines commonly depict [Cupid](#), the Roman god of love, along with hearts, traditionally the seat of emotion. Because it was thought that the avian mating season begins in mid-February, [birds](#) also became a symbol of the day. Traditional gifts include [candy](#) and [flowers](#), particularly red [roses](#), a symbol of beauty and love.

2024 UCR AGM @ Mandarin Restaurant Kingston
Sunday November 17 2024

Thanks to Bonnie and Glenn Perry for securing this location for our 2024 UCR AGM



Great food excellent selection to choose from. Buffet style





Compton Trophy 2024

GARNET COMPTON MEMORIAL AWARD was donated by the Model A Restorers Club Kingston Region.

This award is presented to someone within the Club who (in the opinion of the President) should be recognized for their contribution to

the Club in the present year.

The Winner this year Donna and Garry Wheeler.



Draw for Free Membership

How it works:

Members attending club meeting throughout the year.

We have a draw at each meeting and the winners have a chance for free membership for one year drawn at our AGM.

The winner this year Sandra and Peter Scott.



UCR DIRECTORS



ACCCC UCR 2025 DIRECTORS:



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**President----- Elizabeth Graham 613-398-7699
(ACCCC BOD)---**

Vice President- Open

Secretary----- Peter Scott- 613-354-9389

Treasurer----- Donna Wheeler- 613-389-1983

ACCCC BOD (UCR)---Russ Snowdon- 905-396-7979

Membership----- Carol Osborne- 613-398-0741

Mary Smithson- 613-384-8859

Don Graham 613-398-7699

Bonnie Perry- 613-377-6737

Lynn Myers- 613-634-1458

Garry Wheeler- 613-389-1983

Bob Osborne- 613- 398-0741

Gary Botting- 613-966-4618

Alternate- Ron Hare

Key Contacts:

Reflector Reporter- Open

Club Appraiser- Robert MacMillan- 613-389-8757

Name Tags/Plaques- Gary Botting- 613-966-4648

Property Manager Garry Wheeler- 613-389-1983

Clatter and Web Site Bob Osborne- 613- 398-0741

Good & Welfare- Bonnie Perry- 613-377-6737 email- bonnie6737@gmail.com

Email Man- Mike Batty

The Food Sharing Project – the basics



The Food Sharing Project is a registered not-for-profit charity established 40 years ago. We are the organization that provides the food for in-school breakfast, lunch and hearty snack programs across Kingston, and throughout Frontenac and Lennox & Addington Counties.

Students come to school without enough food for a variety of reasons and educators and research tell us that when they can eat nutritious food at school, students are more engaged in their learning, can focus better on tasks and can have more positive social interactions throughout the day. They are also more willing to try something new, which can lead to better food choices as adults.

Our organization packs and delivers 5 tonnes of food each week, a value of over \$20,000. That translates to roughly 12,000 healthy meals or snacks, every week! School coordinators place orders from our list of nutritious food, and our volunteers pack over 450 boxes – every week – of fresh fruits and vegetables, whole grain products, and protein foods.

Our staff then deliver the food right to the doors of the schools each week. We deliver to 88 elementary and secondary schools and alternative education programs in four schools boards. We travel about 700 kms every week.



For some students, school can be only place they get a meal, or a healthy meal. You know how you feel if lunch is a little late. Imagine a child struggling to do the hard things we ask them to do in school without having had breakfast that morning, or for some, dinner the night before.

One in six families in KFL&A experiences chool every day, families can spend food insecurity (up from 1 in 9 a year ago), so when we provide healthy food at stheir limited income on rent, utilities, or put gas in their car to get to work. Since the onset of the pandemic in 2020, more families have relied on in-school nutrition programs, and we have seen the demand for food at schools increase dramatically.



Our funding comes from the Province of Ontario, contributions from each of the four school boards we serve, national and local foundations, the United Way, and about a quarter of our funding come from generous donations and fundraisers.

Thanks to these funders and supporters, school nutrition programs are available at no cost to any student who needs nutrition to make it through the day, in a stigma-free environment.

Schools organize their food program according to their availability of volunteers, time and space. Typically, healthy snacks are placed in bins for coolers that are distributed to classrooms, or are set up at grab and go stations where students can take what they need. Some schools pack brown-bag lunches, and some offer sit-down lunch programs.



Students tell us that the food they have at school really makes a difference. Younger students tell us that the food makes them feel happy. A grade 5 student told one of our volunteers that he didn't know why, but math was a lot easier after he had something to eat. Secondary students tell us that having food to grab on the way to class just helps them get there.



**Organized by the Wheelers with Osborne's being the sweep car.
The weather was great with a good turnout' around 20 vehicles took part.
Started out with breakfast at Denny's restaurant in Napanee.
Leaving Denny's we continued on scenic side roads to hwy 49.
Travelling over Quinte Skyway Bridge we took the first right hwy 15.
Toured Big Island and many roads in the county.
Stopped at Bent Barn & Local store 168 CR 12 for shopping.
In Wellington we stopped at Tim Horton's for washroom, food and coffee break
for Wayne.
We ended the tour in Bloomfield at All My Friends Beer Co.
This brewery is owned by Russ Snowdon's son.
We parted ways from the tour and went our separate way home.
Thanks Donna & Garry for a fun day.**







HELD MEETING AT LOAF & ALE NAPANEE ABOUT HAVING A FLEA MARKET AT ODESSA IN JUNE 14, 15 2025

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16 club members showed up.

Voted to have the Odessa Flea Market 2025

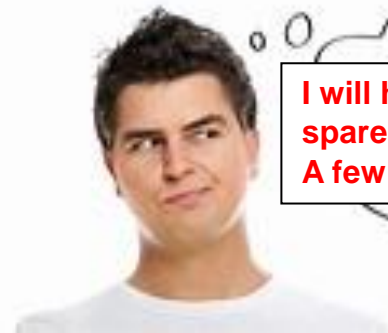
Asking club members to help us out with the flea market.

A few hours on one of the days would be appreciated.





**I can spare a few hours
For a good cause
I will contact Liz right
away**



**I will help i can
spare
A few hours**

liz.graham55@yahoo.ca
613-398-7699
Upper Canada Region Flea Market and Car Show
June 12, 13, 14, 15, 2025 Odessa Fair Grounds

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We have the coordinators in place for all the jobs, now we need many hands to help. Some of you have let us know that you are ready to help our the Club some time during our event. You will be a big help if you could commit for a few hours, a half day, a whole day or all weekend. Whatever works for you will help the Upper Canada Region have a successful event.

**We need help with laying out the field for vendors on
Thurs. June 12 2025**

We need help on Sat. and Sun. with anything from ticket taking, directing traffic, helping at the BBQ, to helping with the canteen. There should be something for everyone.

Please come out and support the Club. Let us know when you are available and what you would prefer to do.



Birthday & Anniversaries

January - February 2025

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JANUARY 2025

BIRTHDAYS		ANNIVERSARIES	
3 rd	Liz Peters	7 th	- Gary and Gail Botting
19 th	Bob Bennett		
23 rd	Fred Pixley		
24 th	Clarence Gee		
27 th	Sandra Scott		

FEBRUARY 2025

BIRTHDAYS		ANNIVERSARIES	
10 th	Marg Young		
12 th	Dick Alford		



UCR MEMBERSHIP

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Greetings to all my fellow members of UCR and the associates from other clubs. It's that time of year again when memberships are due, October 1. Time waits for no one, so please put your \$50.00 cheque in the mail, or the \$13.00 for associate members. We will miss you if you don't renew. If you have "car" friends, don't forget to invite them to become members of our great car club.

Carol

Important News about Membership

Important to make payable 5 ways only or your cheque will be returned to you.

The bank will accept cheques written in the following ways:

- 1. Antique & Classic Car Club of Canada Upper Canada Region**
- 2. Upper Canada Region ACCCC**
- 3. ACCCC UCR**
- 4. UCR ACCCC**
- 5. ACCCC Upper Canada Region**

**MEMBERSHIP \$50.00 CHEQUES
PAYABLE TO- 5 choices only listed
MAIL TO- CAROL OSBORNE
358 FISH & GAME CLUB ROAD
FOXBORO, ONTARIO, KOK 2B0**

